



A bit about me...

I grew up in the Yorkshire Dales and explored the hills, crags and trails extensively throughout my teenage years. I then headed to Ambleside, Lake District, to complete a BSc Hons in Outdoor Studies. Throughout my time in the Lake District, I took advantage of this location; climbing, scrambling and walking all over the National Park.

I am qualified with the Mountain Instructor Award which is the **highest UK qualification** for summer climbing and mountaineering. I also have extensive knowledge of Scotland and hold the Winter Mountain Leader award, delivering winter skills and guided winter mountain walks. I have worked all over Yorkshire and the Lakes, for outdoor centres, schools and myself. Climbing and mountaineering are my passion and I have climbed throughout the UK; from the Cornish sea cliffs to Welsh slate quarries and everything in between. Climbing has also taken me abroad on numerous trips to the Alps, sport climbing across Southern France and Spain, bouldering in Fontainebleau and climbing ice in Norway.

I am passionate about ensuring young people gain their own appreciation of the outdoors. Having worked in outdoor centres for over 10 years, I have worked with young people of all ages and have extensive experience working with **primary and secondary school children** and also with **young people with additional needs**.

Having knowledge of the education sector, I also know the budgets are tight but that headteachers and teachers are always wanting to offer the very best for the children in their school. I can create **bespoke packages** for your school that ensure **quality but at an affordable price**.

I don't have a fancy website or glossy flyers as I prefer to invest money in high quality outdoor equipment for groups to use. Being married to a headteacher, I also know that time is precious for you and your staff, so I will ensure all paperwork including **risk assessments** are completed for you, **reducing your workload** and ensuring any package of activities runs smoothly and easily.

I can offer a range of opportunities for your school, for children of all ages and groups of all sizes, including:

- ✓ Indoor and outdoor climbing teaching using a local climbing wall and/or outdoor crags
- ✓ Caving in local caves with opportunities for progression across year groups
- ✓ Hill walking in the local environment and further afield, also up our 3 Yorkshire Peaks
- ✓ Gorge scrambling, combining climbing, water and walking
- ✓ Orienteering within the school grounds and beyond
- ✓ Geocaching, enabling children to combine technology with the outdoors
- ✓ Participation in the NNAS – National Navigation Award Scheme
- ✓ Outdoor Adventurous Residentials in a location to suit you, with a programme to suit your needs
- ✓ An interactive presentation about 'Extreme Environments' to support curriculum learning

The attached leaflets give more detailed information on the above activities and how they could be delivered in your school.

The Education Endowment Foundation states:

“Overall, studies of adventure learning interventions consistently show positive benefits on academic learning. On average, pupils who participate in adventure learning interventions make approximately four additional months’ progress. There is also evidence of an impact on non-cognitive outcomes such as self-confidence.”

All activities could be arranged for whole classes but I can also work with specific groups or individuals on focussed skills e.g. Pupil Premium children to develop resilience and self-belief, a group of children with challenging behaviour to develop growth mindset, an individual child to develop their experience of outdoor learning. I could also offer an INSET day for your staff with a difference – outside, in the outdoor environment, enjoying the outdoors!





Primary School Orienteering

Meeting the National Curriculum for Outdoor Adventurous Activities

Olly Roberts Outdoors can offer a range of orienteering expertise including:

- ✓ Arranging the mapping of your school grounds if you do not already have one
- ✓ Installation of fixed orienteering markers around your school grounds
- ✓ Purchase of portable orienteering flags to create new routes both within and outside your school grounds
- ✓ Creation of orienteering routes on an existing or new school map for children from EYFS through to Year 6
- ✓ Orienteering lessons with classes from Reception to Year 6, enabling teachers and teaching assistants to see orienteering lessons in action
- ✓ Orienteering days starting in your school grounds and then challenging children beyond the school grounds in a location nearby
- ✓ Orienteering ½ or full day within the local area
- ✓ Staff CPD, either a staff meeting afterschool or an INSET ½ or full day
- ✓ Creation of additional orienteering resources to use in orienteering lessons, either alongside the above lesson plans or as a standalone resource

Please contact me to discuss an affordable and bespoke package for your school.

I have recently worked with Austwick, Bentham and Settle Primary Schools.

All of the above could be funded using the PE and Sport Premium funding, meeting all 5 Key Performance Indicators but particularly:

Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Importantly the creation of an orienteering map and fixed course in your school is sustainable use of sport premium funding, a resource that the school will be able to use for many years to come.





Caving

Meeting the National Curriculum for Outdoor Adventurous Activities

The experience of caving is a unique one and one that children find challenging, inspiring and very different from anything else they will have done before.

Living in the Yorkshire Dales, we have a huge choice of caving experiences to choose from, all on our doorstep.

Younger children (Reception age upwards) could explore Yordas cave and hear stories about local myths and legends. Older children (Year 2 upwards) could explore the caves of Thistle and Runscar with optional 'challenges' along the way. For a real challenge, children (Year 6 upwards) could venture further underground exploring Long Churn or Great Douk.

If you book a caving day with Olly Roberts Outdoors, the following will be included:

- ✓ Detailed letter provided for parents and children
- ✓ All specialist caving equipment
- ✓ High quality, experienced caving instructors
- ✓ Groups of 10 (maximum) per instructor
- ✓ Risk assessment, including the knowledge that you are using an AALA approved provider
- ✓ Flexibility to rearrange your caving experience if the weather is not suitable
- ✓ Caving trips can last as little as ½ day to a full day experience
- ✓ Transport can be arranged if required

Please contact me to discuss an affordable and bespoke package for your school.

I have recently taken children from Bentham and Ingleton Primary Schools caving.

The above could be funded using the PE and Sport Premium funding, meeting Key Performance Indicators:

Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Olly Roberts Outdoors recently worked with a Primary School to organise 3 caving trips over the course of a week, enabling children from Years 3, 4 and 5 to all enjoy a caving adventure underground. This enabled them to swap stories and talk about their shared experiences when they returned to school.





Climbing and Abseiling

Meeting the National Curriculum for Outdoor Adventurous Activities

Indoors		Outdoors	
Bouldering	Climbing	Abseiling	
A one off climbing session	A programme of progressive climbing		
Whole classes	Small Groups	Individuals	
½ day	Full Day	Afterschool event	

Booking a climbing session will include:

- ✓ Detailed letter provided for parents and children
- ✓ All specialist climbing equipment
- ✓ High quality, experienced climbing instructors
- ✓ Groups of 10 (maximum) per instructor
- ✓ Risk assessment, including the knowledge that you are using an AALA approved provider
- ✓ Flexibility to rearrange your climbing experience if the weather is not suitable
- ✓ Local crags used to reduce time spent travelling and increase teaching and climbing time
- ✓ Transport can be arranged if required

Please contact me to discuss an affordable and bespoke package for your school.

I have recently worked with Bentham School climbing indoors and outdoors.

The above could be funded using the PE and Sport Premium funding, meeting Key Performance Indicators:

Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Quote from a Primary School who have recently enjoyed a climbing experience with Year 5 children

“Following on from an indoor climbing and bouldering session at Ingleton Climbing Wall and some scrambling on rock at their Year 5 residential, the children couldn’t wait to put on helmets and harnesses again and go climbing on real rock! Using Twistleton meant we didn’t have to travel very far at all and children got a lot of time actually climbing. This enabled them to really develop their skills, confidence and self-belief – all in one day!”





“Watching children lead from the front, displaying teamwork, communication and enthusiasm, whilst being outdoors in our local environment enabled children to complete their John Muir Award, with a fantastic mountain walk up Ingleborough.”

Quote from a local primary school following a walk up Ingleborough as part of the John Muir Award

Hill or Mountain Walk

Meeting the National Curriculum for Outdoor Adventurous Activities

Using a location of your choice or following a discussion with myself, a day out walking can be arranged to enable children to develop a range of skills. A hill walk doesn't just have to be a walk. Map reading, local history, flowers and trees, nature, landscape and teamwork can all be included enabling children to really enjoy their day outside.

Booking a Hill or Mountain walk will include:

- ✓ Detailed letter for parents and children
- ✓ Waterproofs and walking boots, if required
- ✓ High quality, experienced instructors
- ✓ Groups of 10 (maximum) per instructor
- ✓ Risk assessment provided, including the knowledge that you are using an AALA approved provider
- ✓ Walks can last as little as ½ day to a full day experience
- ✓ Transport can be arranged if required

Please contact me to discuss an affordable and bespoke package for your school.

I have recently worked with Austwick Primary School, exploring the countryside from the doorstep of their school alongside a challenging walk to the top of Ingleborough.



The above could be funded using the PE and Sport Premium funding, meeting Key Performance Indicators:

Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.



Outdoor Residential

Meeting the National Curriculum for Outdoor Adventurous Activities

Organising a residential that meets the needs of your children can be tricky! No two groups of children are the same and therefore using the same programme every year, in the same location doesn't always work. Olly Roberts Outdoors can work with you to organise a bespoke residential that is tailored to meet the needs of your school and your children.

Locations could include a venue in the Yorkshire Dales or the Lake District or further afield in Scotland or Wales. Accommodation could be in a bunk barn with sole use or at larger centre. Our residential could be from 1 night up to 4 nights, with every day maximised to ensure children are busy, active and learning. Activities can range from all of those already mentioned but could also include canoeing or kayaking, bushcraft, problem solving and team games or mountain biking.

The programme could include opportunities for children to 'eat out' at a pre-booked restaurant, opportunities for shopping to spend that all important pocket money, 'down time' within the accommodation grounds and evening activities that develop social skills.

A parent information meeting can be arranged that is jointly delivered by Olly Roberts Outdoors and school staff, enabling parents to know exactly what their child will be doing and that they are in safe hands. Some preparation time with the children in the weeks leading up to the residential can be included to enable children to be fully briefed and ready for their residential.

Everything can be arranged that is bespoke to your needs.

A recent primary school residential included:

- ✓ 5 days, 4 nights staying in a Yorkshire Dale Bunk Barn with exclusive use
- ✓ Daytime activities included: abseiling, climbing, caving, hill walk, canoeing and bushcraft
- ✓ Evening activities included: problem solving, night walk, water fun and swimming
- ✓ Extras included: pocket money shopping time, cake and hot chocolate in a café, restaurant evening meal





Inspiration and Ideas

Meeting the National Curriculum for Outdoor Adventurous Activities

A short bus journey to Barbondale enables children to put on their harnesses and helmets and explore a ghyll. Combining walking, scrambling and climbing, this is a great rocky adventure for children in Year 5 upwards.

Using a mapped out course within your school ground, children learn how to orientate themselves, work in small groups and develop map reading skills to find markers. Through direct teaching, paired working and competitive games, children can develop their communication, team work and perseverance.

A trip to Ribbleshead enables children to learn a little about the history of the viaduct before learning about the geology of the underground cave systems. Explore the twist and turns of Thistle and Runscar and take on the challenges along the way.

Our 3 Yorkshire Peaks provide a real challenge for adults to complete all in a day, but there is no reason why children can't complete 1, 2 or 3 over a period of time. Choose 1 or complete all 3 across the school year. Children can learn to map read, find out about footpath erosion and caring for the outdoor environment as well as setting themselves personal challenges along the way.

Depending on how long you've got out of the classroom, children could take part in a variety of climbing related activities. Scrambling at Norber Erratics, followed by an indoor climbing session at Inglesport before transferring the skills learnt to some real rock outside at Twistleton. Children will find out more about the limestone environment and how to climb safely and successfully.

We don't even have to go anywhere. I can come and deliver a tailored interactive presentation to a class or group of children all about Extreme Environments. The weather, geography, staying safe and mountain rescue can all be covered through the use of picture, film clip and interactive activities.

More than a day...we can work together to create a tailored outdoor activities residential. From transport to accommodation, food to outdoor activities, we can ensure a bespoke residential experience that meets the needs of your children. Choose where you want to go and what you want to do and we can make it happen. Lots of options, lots of possibilities, lots of great adventures waiting to be experienced.

